



# Southeast Region

Fall 2019 - Edition

For people with intellectual and developmental disabilities and their families.



## Events

- Southeastern MN Autism Symposium  
Empire Event Center—Hotel Apache  
Friday, November 8, 2019  
8:30 AM – 4:30 PM
- Town Hall Forum  
Gloria Dei Lutheran Church—Rochester  
Thursday, November 14, 2019  
5:30 PM – 7:30 PM
- Give to the Max Day  
Thursday, November 14, 2019

## Changing Attitudes and Policies

By Peggy O’Toole-Martin  
Regional Advisory Council Chair

Sometimes a person will tell you something that gives you an occasion to change your behavior. For me, that person was my youngest daughter expressing the notion that her older sister with a disability didn’t need me to do everything for her. The comment occurred over a dinner years ago when I had asked her to please help her sister with something at the table. At the time, I thought her response was simply an annoyed sibling conveying, *I can’t be bothered with this*. In reality, her statement was just an honest observation. She said, “Mom, she can do that for herself and doesn’t need us to do that for her”. That one remark has had a notable impact on my parenting and expectations for my daughter. Why is it that as a mother of a child with a disability my natural inclination is to make life easier and “do for” my daughter instead of letting her do for herself or doing it “with her”? That simple comment (which was repeated multiple times by my youngest daughter) has caused me to pause more than once to ask myself what is best (not easiest) for my daughter with a disability. I trust that my daughter was trying to get me to acknowledge the simple truth that there is great value in doing for yourself, succeeding, and even failing. I realize that both of my daughters are strikingly competent women, but I was perhaps only conveying this message to one of them through my actions. Frankly, the best kind of love and support you can give your children is that of being seen as capable. For any of us who support those with disabilities, it is meaningful when we are able to see ability and strength and convey that message. That simple action communicated by many can contribute to the positive change needed for a more inclusive society.

## Inside this issue:

Message from Peggy	1
Disability Advocacy Town Hall Forums	2
Annual Meeting & Appreciation Dinner	3
The Arc Minnesota Southeast News	4
Other News	5
Scholarships/Grants	6
The Arc Golfers’ Choice Tournament	7-10
Self-Advocates Minnesota News	11
Minnesota Region 10 Quality Council & Region 10 Quality Assurance	12
Membership Donation & Form	13
Gift that Remembers Gifts & Form	14
Contributions Gifts/ Census Counts	15
The Arc Minnesota Strategic Plan	16

Changing attitudes, and policies, is embedded in The Arc MN’s Strategic Plan (2019-2024) which is consistent with the vision and mission of The Arc Minnesota. One of the highlighted strategies is the call for engagement in public policy advocacy to drive systems change so that attitudes and policies are positively changed for people with IDD and their families ----creating greater access. This change can only be achieved through the grassroots engagement and advocacy which begins with the attitudes and behaviors of family, friends and community members. Do we see persons with disabilities as capable and competent and do our actions reflect this vision? Do we see persons with disabilities as able employees and do we hire them? Do we hear their voices and allow them to speak for themselves and make their own choices? This is not about being charitable or patronizing, but about truly giving persons with disabilities the respect that any of us desire, and that is to be seen as capable and competent.

For further information on The Arc Minnesota’s 2019-2024 Strategic Plan and 2018 Impact Highlights, please visit [arcminnesota.org/2018-annual-report](http://arcminnesota.org/2018-annual-report).

# 2019 Disability Advocacy Town Hall Forums

Join us for a town hall forum in your community, to discuss issues impacting individuals with disabilities, their families, and their support professionals. Share your personal story with state Senators and Representatives.

## Coon Rapids – Tuesday, September 10th

6:00-8:00

Courage Kenney at Mercy Hospital

4050 Coon Rapids Blvd NW, Coon Rapids, MN 55433



## St. James – Monday, September 16th

6:00-8:00

St. James Library

125 5th St S, St. James, MN 56081



## Duluth – Wednesday, September 18th

5:00-7:00

Ordean Building

424 W Superior St, Duluth, MN 55802



## Edina – Wednesday, September 25th

6:00-8:00

Southdale Library

7001 York Ave S, Edina, MN 55435



## St. Cloud – Tuesday, October 15th

6:00-8:00

Whitney Center

1527 Northway Dr, St Cloud, MN 56303

## Savage – Tuesday, November 5th

5:30-7:30

Savage Library

13090 Alabama Ave, Savage, MN 55378



## Rochester – Thursday, November 14th

5:30-7:30

Gloria Dei Lutheran Church

1212 12th Ave NW, Rochester, MN 55901

# The Arc Annual Meeting & Appreciation Dinner

The Arc Minnesota Southeast Region recently held its Annual Meeting & Awards Dinner at Willow Creek Golf Course in Rochester MN on Friday, October 11, 2019. There were just over 90 people in attendance who enjoyed a social hour, silent auction, short meeting, dinner, award presentation by Mayor Kim Norton, and dance.

Congratulations to the award winners (Legacy Award Winner: Kathy Karls not shown). Thank you for your support, dedication, and guidance that helps people with intellectual and developmental disabilities achieve their dreams and goals.



Self-Advocacy Award: David and Tessah Kirkland



Community Service Award for Education: Denny Paulson



Community Service Award for Education: Nancy Joyce



Community Service Award for Human Services: Katherine Collman



Community Service Award for Businesses: Cardinal Health (Jim St. Peter shown)



Community Service Award for Human Services: Megan Schueller



Community Service Award for Organizations: MaxAbility (Dawn Kirchner shown)



Hang-In-There Award: Membership Committee- Connie Deobald, Kay Fockler, Lyn Smith , and (not shown) Mickey Prince



Legacy Award: Mary Pieper

# The Arc Minnesota Southeast News



## Welcome!

Hello! My name is Dhanya Delehanty and I am the new Self-Advocacy Coordinator here at The Arc Minnesota Southeast Region! I have been at The Arc for a few months now and I love it so far! I grew up in Rochester, Minnesota with my parents and two siblings on a farm outside of town. I graduated from University of Wisconsin- La Crosse a year ago and majored in Therapeutic Recreation. I enjoy traveling, hanging out with friends and family, watching movies, trying new activities, and more. My favorite animal is an elephant; my favorite color is scarlet red; and my favorite food is pesto. That's probably all you need to know about me! I look forward to continuing to be part of The Arc and meeting everyone!



## My Child Is Turning 18

Focus on the Future is a podcast for caregivers and families supporting people with disabilities. Each episode is a conversation about the journey of discovering our best life and how to achieve it. While exploring legal, financial, and quality of life structures, Focus on the Future will help you get back to what matters the most; living a fulfilling and meaningful life that is defined by you. You can listen to the podcast at [arcminnesota.buzzsprout.com](http://arcminnesota.buzzsprout.com).



## When You Have Questions, We Have Answers

Please contact The Arc Minnesota Southeast Region's Individual and Family Advocate directly at 507-513-7620 or submit your question online at: [arcminnesota.org/ask-an-advocate](http://arcminnesota.org/ask-an-advocate).

Either way, we'll help you find information, and navigate the disability services and resources available for your needs, goals, and dreams.

"The Arc Minnesota's goal is that all individuals with intellectual and developmental disabilities live a fulfilling life that is meaningful to them and have the tools to plan now and in the future."

## NEW - Staff Contact Information:

**Buff Hennessey**  
Regional Director  
507-513-7613  
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**Tonya Bauer**  
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**Marta Bollesen**  
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[martabollesen@arcminnesota.org](mailto:martabollesen@arcminnesota.org)

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Outreach and Development Coordinator  
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**Kerri Leucuta**  
Region 10 Quality Council Manager  
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[kerrileucuta@arcminnesota.org](mailto:kerrileucuta@arcminnesota.org)

**Polly Owens**  
Region 10 Quality Assurance Manager  
507-513-7619  
[pollyowens@arcminnesota.org](mailto:pollyowens@arcminnesota.org)

# Other News

## The Arc Minnesota Southeast Region Rose Sale



We sold 95 dozen red, pink, white, yellow, orange and lollipop beautiful long-stemmed roses at \$18.00 per dozen.

Everyone oohed and aahed over these beautiful roses!

Did you miss out this year ordering roses? No worries, this is an annual spring event.

All proceeds go toward assisting people with intellectual and developmental disabilities and their families.

## Empowering Students

Introducing GetSet!, an interactive planning tool created by The Arc Minnesota to help students (14-21) develop a personalized vision map of what their adult life might look like.

Through the use of iconography, the student is walked through a series of questions to help them identify their preferences, desires, interests, and strengths. At the end of the survey, a printable map is available to save, print or share with others.

Thanks to a sponsorship from United Health Group, the survey is now free-of-charge for individuals, schools or groups, and available in English, Hmong, Somali, and Spanish. Simply go to [www.arcgetset.org](http://www.arcgetset.org), click the "Promo Code" button at checkout and select the icons that best describe your preferences.



Funny



Smart



Nice



Friendly

Chris and Linda Pack organized the Seth Pack Golf Classic nine years ago in honor of their son, Seth who has Down's syndrome. The tournament raises money, and brings awareness about intellectual and developmental disabilities.



Proceeds from the tournament have been generously donated in past years to The Arc Minnesota Southeast Region to help reach families and agencies supporting children who have special needs in Dodge, Fillmore, Goodhue, Houston, Olmsted, Rice, Wabasha and Winona counties.

We would like to thank Chris & Linda Pack and their entire team that hosts this tournament. They have helped to make a positive impact in our communities, and would be thrilled if **more families and agencies** would take advantage of the available money.

If you are interested in applying for a mini-grant, please refer to page 6 of this newsletter or give Marta Bollesen a call at 507-513-7617.

# Scholarships/Grants

## SETH PACK SCHOLARSHIPS

The Seth Pack Golf Classic has generously donated funds to The Arc Minnesota Southeast Region for use to improve the lives of other families who have children with intellectual and developmental disabilities.

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### *Mini-Grant for Families*

The Mini-Grant for families who have children with intellectual and developmental disabilities is a scholarship that helps defray the cost to attend camp, training/education opportunities; or individual needs (equipment, furniture, clothing, etc.) Families are required to have children with intellectual and developmental disabilities who reside in Dodge, Fillmore, Goodhue, Houston, Olmsted, Rice, Wabasha or Winona counties. There is a limit of \$200 per year/per person.

For more information, or to apply for this scholarship, please go to <https://arcminnesota.org/regions/southeast/southeast-region-supports-for-individuals-and-families/> and click on “Seth Pack Mini-Grant Families” form that can be found under the Program/Services tab. Print, complete and mail the form to: The Arc Minnesota Southeast Region, Attn: Marta Bollesen, 6301 Bandel RD NW, Suite 605, Rochester, MN 55901 or e-mail to [martabollesen@arcminnesota.org](mailto:martabollesen@arcminnesota.org) at least one month before funds are needed.

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### *Mini-Grant for Organizations*

The Mini-Grant for agencies/projects that support children under 18 with intellectual and developmental disabilities is a grant that can be requested for a specific program, start-up project, event, etc. that provides a benefit/service to children with intellectual and developmental disabilities who reside in Dodge, Fillmore, Goodhue, Houston, Olmsted, Rice, Wabasha or Winona counties. There is a limit of \$200 per year/per project, program, event, etc.

For more information, or to apply for this scholarship, please go to <https://arcminnesota.org/regions/southeast/southeast-region-supports-for-individuals-and-families/> and click on “Seth Pack Mini-Grant Agencies & Projects” form that can be found under the Program/Services tab. Print, complete and mail the form to: The Arc Minnesota Southeast Region, Attn: Marta Bollesen, 6301 Bandel RD NW, Suite 605, Rochester, MN 55901 or email to [martabollesen@arcminnesota.org](mailto:martabollesen@arcminnesota.org) at least one month before funds are needed.

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## THE ARC SCHOLARSHIP

The Arc Scholarship is for persons with developmental disabilities and young children at risk of developmental delay, and their family members residing in Dodge, Fillmore, Goodhue, Houston, Olmsted, Rice, Wabasha or Winona counties. Scholarships may be requested for: camp; vacation; recreational program; training/educational opportunities; or individual needs (equipment, furniture, clothing, etc.) There is a limit of \$50 per year/per person.

For more information or to apply for this scholarship, please go to <https://arcminnesota.org/regions/southeast/southeast-region-supports-for-individuals-and-families/> and click on “The Arc Scholarship” form. Print, complete and mail the form to: The Arc Minnesota Southeast Region, Attn: Marta Bollesen, 6301 Bandel RD NW, Suite 605, Rochester, MN 55901 or e-mail to [martabollesen@arcminnesota.org](mailto:martabollesen@arcminnesota.org) at least one month before funds are needed.

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## MINNESOTA MICROGRANT PARTNERSHIP

The Minnesota Microgrant Partnership offers modest grants ranging from \$100 to \$2,000 for person-centered goals around competitive, integrated employment; accessible, inclusive housing; and community integration to individuals with disabilities. We encourage individuals to think of unique opportunities that would help them to achieve their goals and submit an application.

Applicants should apply at: <https://arcminnesota.org/minnesota-microgrant-partnership/>. Applications will be considered through June 30, 2021.

# The Arc Minnesota 2019 Golfers Choice Tournament

## BY THE NUMBERS

Jim Carper, Outreach & Development Coordinator

Our annual Golfers' Choice Tournament was held on July 29. For The Arc Minnesota Southeast Region it was golf tournament number 15. And since our first tournament in 2005, it has grown to be our largest fundraiser and most visible public event. The following are 25 other numbers that added up to this year's tournament being a big success:

- 1 Where this year's total funds raised rank compared to all our previous tournaments
- 2 Hole-in-one contest, including **Adamson Motors** on hole number #8
- 3 Platinum Sponsors-**Cardinal of Minnesota, ARSYS and The James & Deborah Hannigan Family Fund**
- 4 Volunteer golf committee members-Thank you **Donna Garratt, Val Koster, Jim Maronde, Kevin Smith!**
- 7 Sponsors who provide services that help people with intellectual and developmental disabilities
- 8 Corporate Sponsors-**Associated Bank, F&M Community Banks, First Alliance Credit Union, Hiawatha Homes, Home Federal, Lynn Roberts Charitable Fund, Premier Banks, Strategic Tax & Retirement**
- 9 New, first time sponsors
- 11 Tee Sponsors-**ABC, Adamson Motors, Ameriprise Financial, Bear Creek Services, Christensen Group Insurance, Clements Chevrolet, Ginger & Dick Craven, Home & Community Options, McKern Financial, PossAbilities of Southern Minnesota, Weather Shield Roofing**
- 12 Banks and financial organization sponsors
- 15 Years **Schott Distributing** has been our At-the-Turn and Sign Sponsor
- 17 Green Sponsors-**Bremer Bank, Byron Trucking, DQ Grill Chill-Zumbrota, Connie Deobald/Jeff & Lisa Duncan, EZ Fabrication, Josh Fjerstad Painting, KMTelecom, Knutson Construction, Deitra & Don Pickett/Don & Val Koster, The Alli Martin Family, Merit Contracting, Olmsted Medical Center, Peoples State Bank, Lyn & Steve Smith, Tri-State Business Machines**
- 26 Volunteers helping out on the day of the tournament
- 39 Volunteers and The Arc Minnesota staff that worked the day of the tournament
- 45 Tournament Sponsors
- 55 Carts sponsored by Echelon Wealth Partners
- 59 Winning team's score. **Congratulations McNeilus Steel Team!**
- 77 High temperature for the day helped make it an ideal day for golf
- 94 % of survey respondents whose average rating of their experience was "Excellent" or "Very Good".
- 100 % of survey respondents who said they would recommend the tournament to others
- 106 Tournament golfers
- 150 Event programs printed and donated by our Print Sponsor- **Smyth Companies**
- 300 Days from October 1, 2019 until the July 27, 2020, date of next year's Golfers' Choice Tournament
- 410 Hours volunteers put into helping organize and host the tournament
- 439 Times our Media Sponsor-**KTTC**, ran our tournament ad as a public service announcement
- 67,500 Dollars raised

As the numbers show, a great deal of work goes into planning, preparing, organizing and coordinating our Golfers' Choice Tournament. We are very fortunate to have so many people and organizations who believe in our mission and choose to give their time and/or financial support to help people with intellectual and developmental disabilities and their families. Thanks to all!

# The Arc Golfers' Choice Tournament

## Platinum Sponsor



# CARDINAL OF MINNESOTA, LTD.

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"It is the mission of Cardinal of Minnesota, Ltd., to provide a safe, happy, healthy living environment for our clients."

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## Platinum Sponsor



To provide our clients with opportunities and experiences that can enrich their lives.

# The Arc Golfers' Choice Tournament

## Platinum Sponsor

**The  
James & Deborah  
Hannigan  
Family Fund**

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## Cart Sponsor

**ECHIELO<sup>TM</sup>**  
WEALTH PARTNERS



A private wealth advisory practice of  
Ameriprise Financial Services, Inc.

# The Arc Golfers' Choice Tournament

## Corporate Sponsors



**STRATEGIC**  
TAX & RETIREMENT



**HIAWATHA HOMES, INC.**  
*Providing quality support services to people  
with disabilities at home and in their community*  
[www.hiawathahomes.org](http://www.hiawathahomes.org)



**First Alliance**  
CREDIT UNION



Lynn Roberts  
Charitable Fund



**Premier  
Banks** FDIC

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## Media Sponsor



## Print Sponsor



## "At-The-Turn" Sponsor



# Self-Advocates Minnesota SE News

## The Magic of Self Advocacy



SAM SE Regional Conference

Saturday, June 1, 2019

DoubleTree by Hilton Hotel Rochester



The SAM conference was held at The Doubletree Hotel in Rochester, MN on June 1, 2019 with a total of 93 people in attendance (the most ever). There were special keynote speakers, workshops, dinner, dance, bingo, door prizes, and even DETS Graduation Ceremony.

Alicia Munson, Public Policy Director at The Arc Minnesota and Katie McDermott, Advocate Associate at The Arc Minnesota were the keynote speakers for the event. They brought their magic book of spells and explained how self-advocates can make a big impact at the capitol.

Next participants broke into a variety of workshop sessions regarding: *Housing Access Services; Region 10 Quality Council; How do you speak up for yourself; Your Rights related to supported decision-making and whether or not you have a guardian, and Mystery at the Ball 1 & 2*, where individuals used their advocacy skills to solve a mystery.

A resource room was added to the event this year. Agencies from The Arc Minnesota Southeast Region, Region 10 Quality Council, Southeast Minnesota Center for Independent Living, People First, and of course, SAM set up booths to display their materials and answered questions.

Our conference concluded with an overview of our Disability Equality Training (DETS) that focuses on assertiveness and communication skills, the rights of individuals with disabilities, networking, and civic engagement. Twenty-four individuals who had completed the training this spring were honored with Certificates of Completion during a formal graduation ceremony.



**The Magic of Self Advocacy** closed with a dinner and dance that all enjoyed!



If you would like more information on SAM meetings, DETS training or the SAM Conference 2020, please contact:

Dhanya Delehanty  
Self-Advocacy Coordinator  
[dhanyadelehanty@arcminnesota.org](mailto:dhanyadelehanty@arcminnesota.org)  
507-513-7621 | 507-287-2032

# Region 10 Quality Council & Region 10 Quality Assurance

## Region 10 Quality Council

By Kerri Leucuta and Karen Larson

We are finding out about quality of services and supports in our region, by completing face-to-face interviews with people with disabilities who are currently receiving support services. In addition to the 151+ interviews that we have completed in the past 20 months, we have also collected information and feedback through hosting Community Conversations; held Listening Sessions with various stakeholders; participated in local and statewide committees; attended and participated in conferences; and reviewed existing data from other sources...to name just a few of the activities that keep us informed and busy!

### Volunteers Needed!

The Region 10 Quality Council is looking for passionate, dedicated people who are interested in becoming a volunteer member of our Regional Quality Council! As stated above, we have many stakeholder groups that comprise our council, and we are currently looking for a person who is currently receiving services, as well as a service provider.

In addition, we are always looking for interested volunteers to help us with our quality interviews (mentioned above)! We currently have 17 trained quality reviewers, but are always looking for more people to help us learn about the quality of services and supports for people with disabilities in our region! Through our interviews, we will be able to make recommendations to the State Quality Council, as well as plan local quality improvement projects or initiatives. No experience necessary as we will train and mentor all quality reviewers. Stipends are available as a thank you for your time and efforts.

If you are interested in volunteering your time and expertise, or have any questions, please contact Kerri Leucuta ([kerrileucuta@arcminnesota.org](mailto:kerrileucuta@arcminnesota.org)) or Karen Larson ([karenlarson@arcminnesota.org](mailto:karenlarson@arcminnesota.org)); or call 507-513-7615. You may also visit our website at <https://qualitycouncilmn.org/> to apply.

## Region 10 Quality Assurance

By Polly Owens

Person Directed Quality Improvement Project funds were awarded in June 2019 to aid in supporting individuals with disabilities to increase their presence in community life. Seven projects were funded for a total of \$32,075. Projects funded were:

- **Cardinal Club** of West Concord received \$5,000 to complete the renovation of the community park in West Concord to make it accessible and allow people of every ability to use and enjoy the park. The impetus for making the park accessible came from a young Girl Scout who wanted her friends with disabilities to be able to use the park along with everyone else in their community.
- **ExercisAbilities** in Rochester received \$2,075 to purchase large screen iPads to support individuals with autism to improve decision making and thought processing in everyday situations.
- **Ability Building Center** in Rochester received \$5,000 to train seven staff on the Discovery Process and customized employment. The training will help the agency in their efforts to shift from center-based contracted work to more person-centered inclusive employment for individuals they support.
- **Winona ORC Industries** in Winona received \$5,000 for their Group for Employment Success which is a collaborative effort with Hiawatha Valley Mental Health Center to provide skill strengthening for employees with disabilities so they can be more successful in their employment.
- **ArtMakers** in Dundas received \$5,000 to support their programs which bring together artists with disabilities and local professional and student artists to create art together and build community. Their project funds will be used for a computer to support music and sound production, a festival mobile theater stage and costs of two productions.
- **Ironwood Springs Christian Ranch** in Stewartville received \$5,000 to support individuals with autism and their families in participating in a family camp to create positive experiences and build connections among individuals and families.
- **Jeremy Westrum and his new business Growing Plants – Growing Lives**, in coordination with The Yellow Monkey in Rochester received \$5,000 to create a community space for individuals to learn and make items for personal use or sale including succulent planters, paintings and jewelry.

# Memberships - Thank You!

5/1/19 to 8/30/19

A.B.L.E., Inc.  
 Bear Creek Services  
 Bucher's Inc. DQ Grill Chill  
 Great River Homes  
 Rochester Pediatrics Dentistry LLC  
 Zumbro Valley Health Center  
 Sharon & Curt Aaby  
 Kathy Accurso  
 Charlie Applequist  
 Ann Archer  
 Jennifer Bagne-Walsh  
 Judy & Charles Bird  
 Julie & Tom Bittinger  
 Curly & Joy Bollesen  
 Jane Campion & Mary Campion  
 Jim & Signe Carper  
 Pete & Carol Carryer  
 Wes & Mary Clark  
 Eva Colligan  
 Connie Deobald  
 John & Millie Ellingson  
 Kathy Eppard  
 Phil & Linda Ferguson  
 Cynthia Freedman  
 Yvonne Gensmer  
 Florence Goetzman  
 Cherie Hales  
 James & Ila Hammell  
 Dorothy Harguth  
 Joanne Heathman  
 Roger & Irene Herzog

Charlotte Heyn  
 Alan & Judy Hoffman  
 Ellen Holmgren  
 Beth Iseminger  
 Barbara Jacobson  
 Raymond & Mary Pat Jewison  
 Larry & Janet Johnson  
 Bill & Mary Ann Kleis  
 Ruth Klocke  
 Mike & Betty Koehler  
 Rosanne Kubicek  
 Alan & Linda Kuetemeyer  
 Doug & Mary Lambert  
 Aaron & Cheryl Larson  
 Bill & JoAnn Lawler  
 Todd & Kerri Leucuta  
 Charles & Ruth Lombard  
 Mitch & Eileen Long  
 Marilyn Mahoney  
 Ben & Jan Maroushek  
 John & Ann McGuire  
 Don Meiners  
 Terry & Nancy Miller  
 Karen Morris  
 Dean Nelson  
 Barb Olsen  
 Doug & Eva Pampuch  
 Paul & Nancy Pedersen  
 Noel & Ann Peterson  
 Tom Peyla

Lyle & Joan Pohlman  
 Roland & Roberta Postier  
 Pat & Jill Priggen  
 Scott & Hiyas Quelle  
 Steve & Carolyn Ramaker  
 Margaret Ranzenberger  
 Griffith & Lois Rees  
 Penny & Loren Rickerl  
 Phyllis Rusley  
 Chuck & Sandy Schollmeier  
 David & Jessica Schwier  
 Eugene & Elaine Semin  
 Scott & Karleen Shellum  
 Joel & Pam Skinner  
 Steve & Lyn Smith  
 Neil & Peggy Stolp  
 Daryl & Betty Tessmer  
 Eva Tieman  
 Dennis & Connie Tooley  
 Larry & Cindy Unger  
 Shirley VanGundy  
 Bill Volkmar & Sheri Brandvold  
 Norris Voth  
 Rose Walsky  
 David & Margery Weichers  
 Jim & Connie Wendt  
 Jim Wermerskirchen  
 Kathe Yoss  
 Joel & Julie Young  
 Anne Ziegelmeier

## The Arc Minnesota **Southeast Region** Membership Form

Name \_\_\_\_\_ Phone \_\_\_\_\_ E-mail Address \_\_\_\_\_  
 Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_

<p><b>Membership Choice:</b></p> <p><input type="checkbox"/> General      \$35  <input type="checkbox"/> Sponsor      \$50-75  <input type="checkbox"/> Contributor \$100  <input type="checkbox"/> Silver      \$250  <input type="checkbox"/> Gold      \$500  <input type="checkbox"/> Platinum \$1000  <input type="checkbox"/> Other _____</p> <p><input type="checkbox"/> I would like to be a member of The Arc but unable to pay the dues at this time.</p> <p><input type="checkbox"/> Please email the newsletter to: _____</p> <p>_____</p>	<p align="center"><b>Please tell us your interest in The Arc</b></p> <p><input type="checkbox"/> self advocate    <input type="checkbox"/> relative    <input type="checkbox"/> professional    <input type="checkbox"/> friend</p> <p><input type="checkbox"/> parent of a person with intellectual or developmental disabilities</p> <p><input type="checkbox"/> my business provides jobs for people with disabilities</p> <hr/> <p>Please make <b>check</b> payable to <b>The Arc Minnesota Southeast Region.</b></p> <p>Paying by <b>Credit Card:</b> VISA <input type="checkbox"/> MASTERCARD <input type="checkbox"/> DISCOVER <input type="checkbox"/> or AMEX <input type="checkbox"/></p> <p>Name as it appears on the card _____</p> <p>Credit Card Number _____</p> <p>Expiration Date _____ Security Code _____</p> <p align="center"><b>Thank you for becoming a member of a worthy cause!</b></p>
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# Gifts That Remember - Thank You!

5/1/19 to 8/30/19

## IN HONOR:

### Amy Lawler's 50 Birthday

Buff Hennessey & Jack Priggen  
Bill & JoAnn Lawler

## IN HONOR:

### Ann McGuire's Retirement

Buff Hennessey & Jack Priggen

## IN HONOR:

### Nate Sorenson

Vicki Allen

## IN MEMORY:

### Mary Beyer

Mickey Prince

## IN MEMORY:

### Nancy Clark

Anonymous Donations  
Wes & Mary Clark  
Bill & JoAnn Lawler  
Kristi Rogers

## IN MEMORY:

### Carl Deobald

Jim & Signe Carper  
John Martin &  
Peggy O'Toole-Martin

## IN MEMORY:

### Dale Kocher

Bill & JoAnn Lawler

## IN MEMORY

### Carly Monahan

Gene Dankbar  
Joyce Jacobson  
Bob & Debbie Monahan  
Jeff Olson  
Noel & Ann Peterson  
Steve Zamzow

\*\*A special thank you to  
Carly Monahan's cousins-  
Michael & Melissa Peitz.  
They asked for gifts in  
her memory rather than  
wedding presents.\*\*

## IN MEMORY:

### Don & Darlene Mueske

Don & Val Koster

## IN MEMORY:

### Larry Prince

Cherie Hales  
Tiffany Jaspers  
Jeff Prince & Deb Livergood

## IN MEMORY:

### William Zuber

Buff Hennessey & Jack Priggen

Recognize special people in your life  
or the lives of others with a gift that remembers!

Name of person(s) to recognize: \_\_\_\_\_

In Honor \_\_\_ In Memory \_\_\_ In Celebration of \_\_\_\_\_

Speedy Recovery \_\_\_ Happy Birthday \_\_\_ Other Reason \_\_\_\_\_

\$500     \$250     \$100     \$50     \$25     Other \_\_\_\_\_

Payments can be made by check payable to The Arc Minnesota Southeast Region;  
credit card by calling (507) 287-2032 or making a payment on-line at:

<https://arcminnesota.org/get-involved/ways-to-give/donate/>

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This donation is from:

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_

State/Zip \_\_\_\_\_

Phone \_\_\_\_\_

Send acknowledgement to:

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_

State/Zip \_\_\_\_\_

Phone \_\_\_\_\_

# Contributions - Thank You!

5/1/19 to 8/30/19

Adamson Motors, Inc.  
Associated Bank  
Bremer Bank  
Bucher's Inc. DQ Grill Chill  
Camp Winnebago  
Cardinal of Minnesota, Ltd.  
Clements Chevrolet  
F & M Community Bank  
Knights of Columbus #639  
- Winona Churches/Winona  
Knights of Columbus #1781  
- St. Joachim/Plainview  
Knights of Columbus #2023  
- St. Wenceslaus/New Prague  
Knights of Columbus #11460  
- Holy Spirit/Rochester  
Knights of Columbus #13027  
- Resurrection/Rochester  
Knights of Columbus #14145  
- Pax Christi/Rochester

Knights of Columbus #14170  
- St. Francis/Rochester  
Knights of Columbus #14460  
- Christ the King/Byron  
Knights of Columbus #14574  
- St. Pius/Rochester  
Knights of Columbus #16225  
- Church of the Immaculate/Lonsdale  
Rochester Area Foundation  
Knitcraft-St. Croix Foundation  
Knutson Construction  
PossAbilities  
Star Enterprises DBA: Sparetime Lanes  
Strategic Tax & Retirement  
Weather Shield Roofing  
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Dick & Ginger Craven  
Ron & Grace Deno  
Connie Deobald  
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Ben & Angela Erickson  
Dick Estry  
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Gary Fockler, Jr.  
Harlan & Karen Gerke  
Don & Stephanie Glascock  
Jim Hannigan  
Buff Hennessey & Jack Priggen  
Thad & Suzanne Johnson  
John & Paula Laskowski  
Terra Lidbom  
John & Ann McGuire  
John Martin & Peggy O'Toole-Martin  
Bob Mesarchik  
Steve & Lyn Smith  
Laurence & Joyce Stacy  
Bob & Debbie Witte  
Douglas Wright

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## Census ... Counts!

The [2020 Census](#) is closer than you think! Did you ever wonder why it matters if YOU are counted?

### EQUAL REPRESENTATION

- Every 10 years, the results of the census are used to reapportion the House of Representatives, determining how many seats each state gets.
- After each decade's census, state officials redraw the boundaries of the congressional and state legislative districts in their states to account for population shifts.
- Completing the census is mandatory; it's a way to participate in our democracy and say, "I count!"

### FAIR DISTRIBUTION OF RESOURCES

- More than 600 billion federal dollars are distributed to state and local governments each year on the basis of census data.
- At least \$1,532 per person is allocated by the federal government to Minnesota each year (that's \$15,320 per person over the next decade). If people are not counted accurately, Minnesota will lose this \$15,000 in funding (per person not counted).

### DATA TO MAKE SMART DECISION

- Residents use census data to support community initiatives involving legislation, quality of life, and consumer advocacy.
- Local governments use census data for public safety and emergency preparedness.
- Businesses use census data to decide where to build factories, offices and store...which creates jobs.
- Real estate developers use census data to build new homes and revitalize old neighborhoods.
- Funding goes to school, transportation and community programs



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Southeast Region  
6301 Bandel Road NW, Suite 605  
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Current Resident or

## Our Vision

Individuals with intellectual and developmental disabilities and their families will have the hope, confidence and knowledge they need to live a life they choose, and equitable systems will support them where they live, learn, work and play.

## How We Will Achieve This VISION

**The Arc Minnesota**  
**Strategic Plan**  
**2019 - 2024**

The Arc Minnesota Strategic Plan 2019–2024 is available at:  
<https://arcminnesota.org/wp-content/uploads/2019/07/Strategic-Plan-2019-2024-low-res.pdf>.